ECSSA 2014 CONFERENCE PROGRAMME

Day 2: Workshops
14:00 – 16:00

Session 3A: Conference 3 & Foyer
Rescue
Patient-Focused Rescue: A Team Approach
Peter Van der Spuy
General manager: Quality Assurance and Support Services
ER24

This workshop will look at the role of the rescue team’s medical personnel and making the move towards a more ‘patient-focused’ approach to rescues. It will highlight the preparation, responsibilities and dynamics of the rescue environment. The group of participants will need to prepare specific medical equipment that they would require if they were part of a Wilderness Search and Rescue team. The group will then witness a simulated high angle rescue at a waterfall. The high angle rescue will be staged in the foyer area of the Maropeng building. A simulated patient/victim will be placed in the water and an inflatable rescue craft will be lowered down to the patient/victim with two rescue personnel. The rescuers will carry out the appropriate emergency medical care based on what was learnt during the workshop. The rescuers and patients will then be recovered by the team using a mechanical advantage system.

Session 3B: Conference 1
Research
Publish or Perish: A Brief Workshop on Getting Published
Presenter: Stevan Bruijns
Editor-in-Chief: African Journal of Emergency Medicine

Let’s face it: publication is not for sissies. This two-hour workshop will aim to instil the basics of publication. It’ll be broken down into four easily digestible sections to explore the ins and outs of publication in a peer reviewed journal. There’ll be plenty of time to field your own questions or share your publication victories and disasters during the workshop. Sections will be as follows:

- Selecting the best journal for your publication;
- Respecting the guidelines for authors;
- Top writing tips every author should know;
- Authorship #FOAM resources;
Session 3C: Conference 2

Clinical

Spinal Immobilisation: When, How and When Not To
Presenter: Darren Van Zyl
EMS Liaison Paramedic
Life Healthcare

In recent times the practice of routinely immobilising virtually all injured patients has been called into question, and the practice of algorithmically “clearing” the spine appears to have been adopted in more and more pre-hospital settings. Yet, in South Africa spinal immobilisation of all trauma patients is still routinely performed. This workshop will review the current literature and evidence behind spinal motion restriction and spinal clearance, what the current recommendations are, and will also speak to some of the recommended spinal restriction techniques currently in use.

Session 3D: Breakaway 2

Rescue

Management of Industrial Chemical Incidents and Decontamination
Presenter: Wynand Van der Net
Principal: City of Johannesburg Emergency Management Services
Medical Training Academy

This workshop will elaborate on the roles of the emergency medical care personnel, doctors, and nursing teams in an industrial incident involving chemicals. It will highlight the preparation, responsibilities and processes involved in the access and management of contaminated victims and patients. The workshop will involve a generic approach to both the pre-hospital and in-hospital environments. The participant group will be exposed to the decontamination process and participate as members of a decontamination team. This will expose the participants to the different levels of personal protective equipment, during which time they will experience some of the limitations imposed by this protection while managing simulated victims.